

SAY SOMETHING

**Sandy Hook Promise
March 4-8, 2024**

Say Something Week is a district-wide initiative aligned with the Sandy Hook Promise to celebrate the importance of trusted adults and upstanders in your community. This week-long event features information and activities to create a culture to prevent school violence by sharing information on how to look for warning signs of someone at-risk of hurting themselves or others and how to tell a trusted adult to get help.

Information will be promoted through announcements and teacher classrooms.
Say Something Week promotes empathy, relationship skills, and responsible decision-making

Resources

Safe School Helpline: 800-4-1-Voice (418-6423) • Text: 66746 • www.safeschoolhelpline.com.

In the event of an emergency, please call, text or tweet: 911 for a health or medical emergency

Rocky River Police Department: 440-331-1234

Cuyahoga County Suicide Prevention Crisis Hotline: 216-623-6888

Suicide & Crisis Lifeline: Dial 988 • www.988lifeline.org

Tweet at the Suicide & Crisis Lifeline: @988Lifeline

Crisis Text Line: Text HOME to 741741

Call 911 for a health or medical emergency

www.sandyhookpromise.org

